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SHIN PAIN

At **Bellarine Foot and Ankle Clinics in Leopold, Portarlington and Colac**, we specialise in the management of shin and lower leg pain. From medial tibial stress syndrome (shin splints), compartment syndrome, stress fractures to muscle or tendon overuse syndromes, we will quickly and accurately diagnose your condition and work to provide a solution that gets you into recovery as soon as possible. Lower leg muscle, tendon or bone soreness is often directly related to your weight bearing mechanics or footwear.

Our focus on treating your lower leg pain:

1. Accurate diagnosis (radiology imaging or clinically diagnosed).
2. Individually designed treatment options.
3. Reduction of your pain.
4. Long term resolution of your symptoms.
5. Prevention of recurrence of your symptoms.

If your lower leg pain is restricting your work, schooling or leisure activities, don't put up with it any longer. Make an appointment with one of our Podiatrists



Shin Splints can be very painful, but very treatable.