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ANKLE INJURIES

At Bellarine Foot and Ankle Clinics located in **Leopold, Portarlington** and **Colac**, we specialise in the conservative management of **ANKLE INJURIES**. Whether its medial or lateral ankle ligament damage, anterior or posterior impingement, avulsion fractures, achilles problems or arthritic changes we can help.

We stock a large range of foot/ankle compression sleeves, braces, tapes and cam walkers. We pride ourselves in the accurate diagnosis of your ankle pain – identifying the exact structures that have been damaged and how to properly rehab you back to full function. We will arrange the appropriate scans, work closely with your GP or specialist if required and provide the correct supportive or immobilisation device to best assist your recovery.

With in-house physiotherapists at our **Leopold** location we can further assist you back to full function by linking you into professional rehabilitation programs to get you back on your feet as soon as we can.

Don't put up with your ankle pain longer than you need to by delaying accurate diagnoses and treatment after an acute injury. As with most injuries – fast and expert treatment can greatly reduce your recovery time.

We're here to help! – book an appointment ASAP.



CAM Boot



Donjoy Strapping